



Nishorgo Support Project

Wk†i vbg : PbWZ eb"cyx Afqvi tYi mij xKZ e"e-vcbv bWZgvj v

Dit kon : PbW ebcÖx Afqvi tYi eb Ges Afši Rxe%Pmn mKj cÖztekki msi TY,
gaeZP fug-AÄj mgm kbr3Kib Ges gj t÷Ktnv*v* i t÷ i mn-eevcb P3
muv÷ tbi crkvcmk ctzqRbq mthM-mjeavi Dbqb, leKi RxieKwben, mn-
eevcb msMvb | RbMtYi mvg© %Z*wi* cfWZi ctbb lbtRKmgm Dtj L Ki tZ
cvi teb |

DcKiY : PbWZ eb"cyx Afqvi tYi mij xKZ e"e" vcby bWZgyj v weI qK c"y" K

mgq : 45 mgwbU

cluev :

- Avtj vP̄ m̄l̄ tqi Df̄l̄ K̄ Dc̄l̄ cb̄ Kī "b̄ Ges PbwZ eb̄ c̄l̄ Y Afqvi t̄Y ī eb̄ Ges l̄beP̄Z Rx̄%P̄t̄l̄ ī Drm ēēl̄ cb̄v̄ j̄ t̄l̄ ms̄l̄k̄-c̄l̄ Kv̄ q̄ ēīl̄ Z̄ ēēl̄ cb̄v̄ b̄wZḡȳj̄ v̄ t̄j̄ v̄ ct̄q̄t̄Mī Ac̄l̄ī nvh̄Z̄ Z̄t̄j̄ aī "b̄ ej̄ b̄, Gī ev̄evq̄b̄ c̄l̄uq̄q̄ mn̄-ēēl̄ cb̄v̄ ms̄Mv̄t̄bī m̄-m̄t̄ ī h̄v̄h̄: AskM̄n̄Y Āl̄Z Āv̄ēl̄K̄ m̄l̄q̄ | -2 *igibU*

■ Dcv̄t̄q̄ Avtj vPbv̄ Kī "b̄, PbwZ eb̄ c̄l̄ Y Afqvi Ȳ c̄l̄q̄ 7,764 tn̄±ī ms̄l̄l̄ Z̄ eb̄ R̄t̄o Āēl̄ Z̄ (PbwZ I Rj̄ x̄t̄ī Ā) | Ḡt̄K̄ Afqvi Ȳ t̄Nv̄l̄ Ȳ t̄ q̄ n̄q̄ 1986 m̄t̄j̄ | P̄ÆM̄ȫ t̄Rj̄ vī ēūkL̄v̄j̄ x̄ l̄ t̄j̄ v̄n̄v̄Mv̄ Dc̄t̄Rj̄ v̄ Ges K̄ ev̄Rv̄ī t̄Rj̄ vī P̄t̄K̄w̄ī q̄v̄ Dc̄t̄Rj̄ vī Aaxb̄ 7̄l̄ BD̄wqb̄ c̄w̄ī l̄ Ā *P̄* PbwZ, Av̄q̄p̄Mī, v̄n̄ī ev̄s, c̄BQ̄w̄o, ēūkL̄v̄j̄, eonwZq̄v̄ l̄ X BZs Gī ḡt̄ā Aēl̄b̄ |

G Afqvi t̄Y Afqvi t̄Y Rx̄%P̄t̄l̄ ī AmsL̄ Av̄Āv̄j̄ K̄ Df̄l̄m̄ c̄RwZ Ges Rj̄ Pī l̄ t̄j̄ Pī Df̄q̄ aīt̄bīB̄ tek K̄t̄q̄K̄ c̄RwZī c̄l̄ Y īt̄q̄t̄o | eōl̄ Z̄b̄ c̄v̄q̄t̄ ī ḡt̄ā ēūm̄sL̄K̄ n̄wZ Afqvi t̄Y t̄K̄ Pj̄ v̄P̄t̄j̄ ī c̄l̄m̄t̄ē ēenvī K̄t̄ī | ch̄B̄ et̄bī Afv̄t̄ē ēZ̄ḡt̄b̄ eb̄ c̄l̄ Y īēj̄xb̄ nt̄q̄ h̄v̄t̄Q̄ ī aḡv̄t̄ w̄K̄Q̄ȳ m̄sL̄K̄ n̄wZ w̄t̄K̄ Av̄t̄Q̄ | Giv̄ PbwZt̄K̄ ev̄īev̄b̄ l̄ j̄vḡv̄ eb̄v̄Āt̄j̄ h̄v̄Zq̄t̄Zī c̄l̄m̄t̄ē ēenvī K̄t̄ī | mȳZ̄īs ēj̄b̄v̄n̄wZxī ms̄l̄t̄Ȳ l̄ Z̄t̄ī Pj̄ v̄Pj̄ t̄K̄ w̄B̄Z̄ K̄ī ḡv̄āt̄ḡ Afqvi t̄Y ī Rx̄%P̄t̄l̄ ms̄l̄t̄Y ī ḡj̄ Kv̄R̄ |

(ms̄l̄k̄-c̄l̄ Kv̄ī c̄p̄v̄ 1 | 2 t̄t̄K̄ AskM̄b̄Y Kv̄īx̄t̄ ī Āw̄f̄ÁZv̄ī Av̄t̄j̄ v̄t̄K̄ Av̄t̄j̄ v̄Pbv̄ Kī t̄eb̄ |) - 4 *igibU*

ej b, GB cwi Kí bvi c̄nb D̄l̄ k̄mgn n̄tj v (c̄-Kvi 5 bs c̄nq):

- Afqui^Yi Rxew^WP¹ msi^Y Ges^W bivc^Evi Rb^W MpxZ^W xN^Wgq^Wv x cwi K^W bv ev^W eq^WZ Kivi Rb^W GK^WU mn-e^We^W `vcv M^Wo tZ^Wj v, tmL^Wt^Wb^W b^Wl^W Gj^W vKvi^W -`vbq^W t^WKt^Wn^Wi vi^Wf^Wi wKQzmt^WhiM i^WL^Wv^W|
 - mKj^W t^WKt^Wn^Wi vi^Wf^Wi Askx^W vix^WZ^Wj wf^WE^Wt^WZ Ges gj^W t^WKt^Wn^Wi vi^W l^W -`vbq^W Awae^Wm^Wf^Wi gta^W j^Wf^W fM^Wv^WwMi wf^WE^Wt^WZ mn-e^We^W `vcv^W `t^Wj i gva^W tg Rxew^WP¹ msi^Y P¹Yi KvR Kiv^W|
 - Afqui^Yi e^We^W `vcv^W cwi K^W bv, Kg^Wl^WP, AeKv^Wt^Wgv I c^WZ^Wmb^WK mvg^W q^WK m^Wse^Wx I kw^Wkvj x Kiv^W|
 - wew^Wbawec^WM^W, wecbawec^WM^W -`j^W c^WRwZ^Wi Dw^Wm^W I c^WYxK^Wt^Wj i msL^Wt^WK msi^Y I i^YY^Wt^We^WY|
 - Rxebavi^Wibi mug^WM^W Dbq^Wbi Rtb^W DcvR^W e^W vi mdj^W c^Wq^WM^W|
 - `vbq^W myeavt^Wf^WM^Wf^W i^W P¹Z^Wv^W Dbq^W|
 - eb c^WZ^Wt^Wek^W Di^WMR, c^WYxR, t^Wf^WS Dcv^W vbmq^Wt^Wni Ges Gi Dr^Wc^W b^Wk^Wj Z^Wv h^Wvm^We^W c^Wb^Wj^W "3/4x^Web I msi^Y Y|

8. *newfbecAÂtj i cwi tek-chobtK Drmvn`vb I `k@v_xP i Rtb" mthM-myav ^Zvi* - 3 *ngibU*

¶ Ztj ai "b, cteñj LZ Dtl k „tj v ARØ Kivi j tP" wbgij LZ cñv Kvheñj ntZ tbqv nt"Q:

- iΠZ Gj vKv Rtb Gj vKv Rwi c, mxgvb vba Y | iΠyZKi Y |
 - GKuJ mn-e-e-vcbv gWj cZ I cōmīK cwi Kí bvi QK ^Zwi Ki v| ZvQov gj t÷Ktni vi t i mv_ j f'vsk fvMvfMi P³ tZ Afqvi Y msiké-Astk H mn-e-e-vcbv P³ tK KihRi Ki v|
 - RxēP¹i Rwi c Pvj v#bv|
 - eb e-e-vcbvi Rtb eb wefvMi cūZōwbK mvg_ "evov#bv|
 - msi ΠtYi e-vcutl mPZbZv I AvBb ^Zwi Ges msi ΠY Bm"y, t j v#Z evaZ KgM³P ^Zwi Ki v|
 - ~vbqx myeavtfvMkt` i cvkvcmk Askri vi I eb wefvtMi gwKgxF i cikΠY t qv| cvkvcmk Zt` i mtpZbZv ejx I D` vtb mjhwm-myeav ejx Ki v|
 - iΠZ Gj vKv msi ΠY I cwi ` kfb i mjhwm myeav ejx Ki v|
 - iΠZ Gj vKv bmsj Mekul fng I Avevm- t j msi ΠY I j vf e-Utbi wfE³Z DvMR m³u` Mto tZvj v| ZvQov Rxebari tYi Rtb weKí DcvR³ e-e-vcbv cUqb Ki v|
 - cOKZKfite cbj "/3mEz AAtj weP¹ cRwZi DvM³ i chqfngK meRqftbi gra"tg arti arti tmB AÄj cY³Ki v| ZvQov wefvtb cUqvRbgZ ~vbqx Aw` cRwZi DvM³ i Drcv` b vboZ Ki v Ges
 - gj myeavtfvMkt` i Rtb weKí DcvR³ bi e-e-vcbv Ki v|

(msiké-c- Kvi cōv 5 I 6 Gi Avtj vK Avtj vPbv Ki teb|)

ej þ, Dctiv³ KgRvÛ, t̄j v ev- evqþbi Rb" wþtæv³ KgmPmgn MnY Kiv ntqþQ:

- Arevm̄j (Habitat) i¶v Kvhþug
 - Afqib e e icby Kvhþug
 - RmeKvb Kvhþug (Livelihood Program)
 - myhM myear Db b Kvhþug
 - `k v x e envhGes `k v x e icby c k

GLb Dcti wj wZ welq, tj v GtK GtK Avtj wPZ nt"Q:

- 2 ~~g~~^{bU}

■ Dj L Ki“b, AfqvitYi gta“ Ges Zvi Pvcvki e“ck cmitekMZ Pvci w“k wo titL Anevmtj
(Habitat) i“v Kvh@tqi c“w D“k“tj v wK Kiv ntqto D“k“tj v wbgifc:

1. Afq*qi* t*Y'i* e*v*cK Rx*e*W*P* msi *¶tYi* Rb*"* ch*ß* *lbivcEv* *lbioZ* Kiv*|*
 2. eb Gj *v*K*v* c*pM*[¶]b Ges *mav*i Y j*"*U*t*⁻c Gi b*Kv*i c*Yqb**|*
 3. Afq*qi* t*Y'i* *mrgv*b *lbaf*[¶] Y*|*
 4. Afq*qi* Y*"* Ges Z*v*i P*v*i c*rtk*i j*"*U*t*⁻c t*_tK* A*%ea* c*vPv* *lbqSY*, Ges
 5. Afq*qi* t*Y'i* f*u*gi A*%ea* `L*j`* *wi* Z*t*i va Kiv*|*

Dõti kõ, tõ vi eõLõ cõyõKv (côiv 6 | 7) | AskMõYKvi xõi gZigõZi Avõj võK Avõj vPbv Ki "b| - 4 ngnbU

ej þ, Afqríb e^əe[̄]vcbr Kvh^ətgí c^əvb D^əÍ k[̄] ntj v:

1. **bePZ** ebvÂtj Rxejy Bi weitx KvhRi cIZi Pv e'e'v MôY | Rxe%Pti i eskMñZ eRvq ivLv,
 2. cKuZK ebfigi Dbq b Ges Zv eRvq ivLvi gra'tg Av' k^Avev'm'j ifc Mto tZvj v| htZ Kti eb'cÖymn
Rxe%Pti i Rb" Zv DcthvMx nq,
 3. **bePZ** Rxe%Pti mn Ab"vb" ebR Drmmgn i Pv Kiv, Ges
 4. -ibat : Ktrv u'itj i ciwak^Ges mñja AskMñtVi gra'tg mp cœ'ebwi PPK cñZñöZ Kiv |

Afqvi Y[~] wbfP e[~]e[~]vcv D[~]l k[~], t[~]j v ev[~]evq[~]bi t[~]¶#t[~] fng e[~]e[~]vcv Av[~]wj KxKi Y Kv[~]hRi nte | hw[~]
Afqvi Y[~] Ges Zv[~]k wnti _vKv fng[~]tK wbtg[~] Dcv[~]q mvRv[~]bv nq Zte m[~]te[~] nte[~]PP AAj tK etbi Av[~]l Zv[~]
Gtb Gi m[~]h m[~]te[~] metP[~]ta fti v Rxe[~]¶P[~]i " xN[~]gav x e[~]e[~]vcv i ¶[~] AW[~]R[~] nt[~]7 cti :

1. cōKwZK ēbi KvQvKwQ, wēkI Z cōb AĀj ,tj v̄Z msi P̄Ygj " m̄ub̄eGj v̄Kv (eb Ges/A_ev ebvqb) mīP̄Z, c̄y īrc̄w Z Ges w̄bqis̄Z n̄te,

2. etbi Rx̄%P̄t̄K ĀP̄t̄i t̄L "v̄bxq tj v̄KRb̄t̄K myeav t̄ evi Rb̄ th Gj v̄Kv ,tj v̄ ēenvi Kiv n̄te cōbZ mxgvb̄f̄3 f̄ng AĀt̄j , Zv w̄b̄v̄ @ Kiv n̄tq̄t̄Q |

cōv 7, 8, 9, 10 I 11 Gi mn̄thwMxZv w̄b̄t̄q gj AĀt̄j ī nw̄Z wēPi Y Dc-AĀj , Ab̄gw̄ Z ēenvi Dc-AĀj Ges w̄b̄eo ēenvi Dc-AĀj ; msj M̄ej "v̄Ūt̄c AĀt̄j ī c̄t̄weZ gj Dc-AĀj , c̄t̄eP̄ msi P̄Z Dc-AĀj , nw̄Z wēPi Y Dc-AĀj Ges mn̄Kvi x ev̄qv-gm Drc̄v̄ b Dc-AĀj ,tj v̄t̄K msw̄B AvKv̄t̄i Zt̄j aī"b| - 8 ugibU

■ ej p̄, Rx̄eKv̄qb Kv̄hP̄t̄gi gj D̄t̄l k̄ nj wēKv̄ w̄b̄eñni m̄thwM Z̄i gvāt̄g D̄v̄b Gj v̄Kv̄i ev̄B̄t̄i I t̄fZ̄t̄i emev̄Kvi x "v̄i "v̄i t̄ K̄t̄n̄v̄i vīt̄ ī R̄t̄b̄ Rx̄eKv̄beññ w̄b̄D̄Z Kivi c̄v̄kv̄cñk ēbi c̄w̄t̄ekMZ P̄w̄Z Kv̄gt̄q Avb̄i GKUv̄ mymḡšq|

GB wēKv̄ Rx̄eKv̄beññ KḡñP̄t̄Z AskM̄t̄t̄Yi j t̄P̄ "v̄w̄fb̄eñ K̄t̄gi Avq ēp̄xgj K KḡR̄U n̄t̄Z tb̄q̄v̄ n̄tq̄t̄Q (c̄ȳ Kvi cōv 11, 12 I 13 t̄_t̄K Z_ mn̄thwMxZv w̄b̄b)

- Kv̄l w̄f̄ĒK I D̄v̄b̄w̄f̄ĒK dm̄j w̄

■ mḡšZ emZev̄x Lv̄vi

■ D̄P̄ḡt̄bi dm̄t̄j ī Pv̄l

■ "v̄bxq b̄v̄m̄ññ

■ Lv̄ "c̄t̄uq̄R̄v̄ZKi Y Ges wēcbb

- c̄i c̄v̄Lx c̄v̄j b

■ Mi "ī R̄v̄Z Db̄q̄b/t̄ḡŪv̄Zv̄R̄v̄Ki Y

■ M̄v̄fx c̄v̄j b|

■ eqj vi /t̄j q̄i gj Mx c̄v̄j b

- gv̄Q Pv̄l

■ mḡšZ avb I gv̄Q Pv̄l

■ t̄cv̄b̄v̄gv̄Q Pv̄l c̄v̄j b

■ t̄cv̄b̄v̄gv̄Q Pv̄l /Kv̄cR̄v̄Zxq gv̄t̄Qi Pv̄l

■ eo gv̄t̄Qi Pv̄l

- ēbi AKv̄ Dc̄v̄b̄m̄gn̄ Ges Kv̄hP̄t̄gi Db̄q̄b

- 4 ugibU

■ D̄t̄j L̄ Kī"b, m̄thwM myeav Db̄q̄b c̄w̄i K̄i b̄v̄i gvāt̄g "xN̄gq̄v̄x c̄kv̄m̄bK Kv̄R̄t̄K mn̄v̄qZv̄ Kivi D̄t̄l t̄k̄ Afq̄v̄t̄Yi m̄thwM myeav̄ Db̄q̄t̄bi c̄v̄kv̄cñk th̄M̄thwM ēēv̄ I Ab̄v̄b̄ mīÄvḡw̄ ī ēēw̄ ev̄-ew̄qZ n̄te| (c̄ȳ Kvi cōv 13 t̄_t̄K Z_ mn̄thwMxZv w̄b̄b)

- 3 ugibU

■ ^K̄v̄_xP̄ ēenih̄Ges ^K̄v̄_xP̄ ēē-v̄cbv c̄K̄t̄i gj D̄t̄l k̄ nj w̄b̄q̄gZ c̄w̄t̄ek w̄k̄P̄v̄ I M̄tel Yvi R̄t̄b̄ c̄w̄t̄ek-ch̄t̄bi ēēv̄ Kiv̄ GB ch̄t̄bi dt̄j "v̄bxq tj v̄KRb c̄Z̄P̄ I c̄t̄i v̄P̄f̄ite Av_@m̄gv̄RKf̄ite j v̄feib̄ n̄te|

cōv 13, 14 I 15 t̄_t̄K ch̄θK̄t̄i Rb̄ m̄thwMmyeav Db̄q̄t̄bi c̄w̄i K̄i b̄w̄U Zt̄j aī"b|

- 3 ugibU

■ mēf̄kt̄l, GB ēē-v̄cbv b̄w̄Zgj v̄ m̄āt̄K̄hv̄ Avt̄j w̄P̄Z nt̄j v̄ tm m̄āt̄K̄Zt̄i m̄gv̄M̄K̄ "w̄f̄v̄xi ch̄θj v̄P̄b̄ Kī"b |

- 2 ugibU