



## **ms<sup>-</sup> 'vi MVbZš;t**

### **aviv- 1**

cÖwZôvbwUi bvg t wbmM© b<sup>•</sup>vkbvj †bUIqvK© Ae B‡Kv MvBW GÛ  
B‡Kv K‡UR

### **aviv- 2**

**cÖwZôv‡bi wVKvbvt**

evwo bs 68, †ivW bs 1, eøK - AvB, WvKNi: ebvbx, †Rjv: XvKv,  
evsjv‡`k|

### **aviv- 03**

**ms<sup>-</sup> 'vi Kvh©u‡gi AvIZvfz<sup>3</sup> GjvKvt**

mn-e<sup>-</sup>e<sup>-</sup> 'vcbvi AvIZvaxb iwÿZ eb I Rjvf~wg GjvKv|

### **aviv- 4**

**cÖwZôv‡bi cÖK...wZt**

GwU GKwU AivR%obwZK, ag©wbi‡c¶, †<sup>-</sup>^"Qv‡mex cÖwZôvb hv  
evsjv‡`‡ki iw¶Z GjvKvi msi¶Y, cwi‡ek evÛe ch©Ub Dbæqb, we‡klZ  
B‡Kv MvBW Ges B‡Kv K‡UR gvwjK‡`i `ÿZv I gvb Dbæq‡b, RvZxq I  
AvšÍR©vwZK msMV‡bi mv‡\_ †hvMv‡hvM e,,w×|

### **aviv- 05**

**ms<sup>-</sup> 'vi cÖwZôvZv ZvwiLt** ‡de<sup>a</sup>yqvix 2010 Bs

### **aviv- 06**

**ms<sup>-</sup> 'vi j¶`t**

ms<sup>-</sup> 'vi g~j j¶` n‡jv iw¶Z GjvKvq Aew<sup>-</sup> 'Z B‡Kv MvBW Ges B‡Kv K‡UR  
†bUIqvK© kw<sup>3</sup>kvjx Kiv Z\_v iw¶Z GjvKvq we`gvb Aewkó  
Rxe%oewPÎ<sup>†</sup>K msi¶Y Kiv I AvZ© gvby‡li †mev `vb KivGes evsjv‡`‡k  
iwÿZ GjvKvq Kg©iZ B‡Kv MvBW Ges B‡Kv K‡UR gvwjK‡`i `ÿZv I  
mÿgZv e,,w×I gva<sup>†</sup>‡g B‡Kv Uz<sup>•</sup>wiRg cÖPvi, c<sup>a</sup>mvi Ges m,,ó e<sup>-</sup>e<sup>-</sup> 'vcbvi  
AvIZvq Avbv|

### **aviv- 07**

**ms<sup>-</sup> 'vi D‡lk<sup>•</sup>vejxt**

- B†Kv-MvBW I B†Kv K†UR gvwjK†i `ÿZv e,,w×|
- wewfbæ ms⁻ `vi mv†\_ †hvMv†hvM e,,w×|
- cwi†ek evÜe ch©U†b DØy× KiY Ges cwi†ek evÜe ch©U†bi Rb⁻ bxwZgvjv cÖYqb|
- `vbxq Rb†Mvôx I Avw`evmx†`i ms⁻ <...wZ I K...wó msiyb|
- cwi†ek evÜe ch©U†bi gva`†g RvZxq A\_©bxwZ†Z AskMÖnY|
- B†Kv MvBW†`i Avw\_©K Dbæqb I Kg©ms⁻ `vb m,,wói gva`†g †eKviZ; `~ixKib|
- [civgk© cÖ`vb/IKvjwZ \(Advocacy\) Kiv](#)|

### **aviv- 08**

#### **m`m` nIqvi †hvM`Zvt**

- eqm me©wbgæ 18 (AvVvi) ermi nB†Z nB†e A\_ev Zvi D†aY© eq⁻ < †h †Kvb e`w³|
- A¶i Ávb mæúbæ †h †Kvb e`w³|
- †mevgjK KvR Kivi gb-gvbwmKZv mæúbæ e`w³|
- my-^v`´´ I myóZ eyw× mæúbæ e`w³|
- Puv`v cwi†kva Kivi gZ ¶gZv mæúbæ e`w³|
- ms⁻ `vi cÖwZ AvbyMZ` mæúbæ e`w³|
- cÖwkÿY cÖvß B†Kv MvBW n†Z n†e|
- cwi†ek msiy†b DØy× I cÖwZÁve× n†Z n†e|
- PvwivÎK ,Yvejx mæúbæ n†Z n†e|

### **aviv- 09**

**m`m`t** GB ms⁻ `vi 3 (wZb) cÖKvi m`m` \_vK†e| h\_v t K) mvaviY m`m`, L) Kv h©Kix m`m`, M) c,,ô†cvlK/Dc†`óv m`m`

#### **ms⁻ `vi mvaviY m`m`t**

mKj iwÿZ GjvKvi B†Kv-MvBW Ges B†Kv K†UR gvwjK|

#### **Kvh©Kix m`m`t**

- D†jØL` (wm†jU, `wÿY-c~e©, PÆMÖvg, my>`ieb) PviwU K-v÷vi Gi cÖwZ K-v÷vi †\_†K 2 Rb B†Kv MvBW I 1 Rb B†Kv K†UR gvwjK Gi mgbæ†q 12 Rb Ges

- GK Rb bvix m`m` Gi mgš^†q †gvU 13 Rb|

**c.,ô†cvlK/Dc†`óv m`m`t**

- mgv†Ri MY`gvb` e`w³ Ges †mevg~jK cÖwZôvb †\_†K 5 m`m` (eb wefvM, †Uvqve, wm Gg wm †cÖwm†W>U, cywjk) wewkó Dc†`óv KwgwU MwVZ n†e|

GB ms`vi mvaviY m`m` bb A\_P evwn`K Kvh©Kjv†ci gva`†g ms`vi DbæwZ weav†b `.,p cÖwZÁ GBifc e`w³ GB ms`vi c.,ô†cvlK m`m` wnmv†e MY` n†eb| mvaviY cwil` KZ...©K GB iKg m`m`M†Yi msL`v wbav©wiZ n†e| GB cÖKvi m`m`M†Yi †Kvb †fvUvwaKvi \_vK†e bv|

**aviv- 10**

**m`m`c`i mgqmxgv**

ms`vi Kvh©Kix m`m`c` n†e `yB eQi †gqv`x | mfvcwZ, mn-mfvcwZ, mvavib m`úv`K, †Kvlva`y cici `yBev†ii AwaK KwgwU†Z \_vK†Z cvi†eb bv|

**aviv- 11**

**m`m`c` † †K †`^”Qv-Ae`vnwZt**

GKRb m`m` hw` cwil` †\_†K †`^”Qvq Ae`vnwZ wb†Z Pvb, †m†¶†† Zvi Ae`vnwZ cÎ Kvh©Kix KwgwUi mfvcwZi Kv†Q †cuŠQv†Z n†e| hw` Kvh©Kix KwgwU Zvi Ae`vnwZ MÖnY K†i Zvn†j †mw`b †\_†KB Zvi m`m` c`wU wejyß n†e| Kvh©Kix KwgwUi wm×vš—, †jv evwl©K mvaviY mfvcwZi mvaviY KwgwUi m`m`†`i Dcw`wZ†Z Dc`vcb Ki†Z n†e| mvaviY m`m`†`i †y†† AvÂwjK KwgwUi mfvcwZi Kv†Q Ae`nwZ cÎ w`†Z n†e|

**aviv- 12**

**m`m`c` iwnZKi†Yi kZ©t**

wb†æv³ †h †Kvb GKwUi Kvi†Y m`m`c` wejyß Kiv †h†Z cv†i:

- ebR m`ú`mg~†ni A^ea Avni†Y A\_ev RvZxq D`v†bi mxgvbvi g†a` m`ú`mg~†ni Ab` †Kvbfv†e A^ea e`env†ii mv†\_ m`c.,³ ev mn†hvwMZv K†i Ges Zv Z`†Z cÖgvwYZ n†j;
- m`†m`i g.,Zz`†Z, †`^”Qv-Ae`vnwZ†Z, Dbÿv` A\_ev †Kvb Aciva K†g©i mv†\_ †hvM \_vK†j;
- c~e© D†j-L e`ZxZ ci ci wZbwU mfvcwZi Abycw`Z \_vK†j;
- †Kvb m`†m`i weia†× †Kvb \_iaZi Awf†hvM DV†j Ges Zv hw` cÖgvwYZ nq Zvn†j mvaviY KwgwUi mfvi m`m`†`i `yB-

Z...Zxqvs†ki msL˘vMwiôZvi wfwË†Z Awfhy<sup>3</sup> m`†m`i m`m`c`  
evwZj Kiv †h†Z cv†i| Z†e G †¶††Î, Awfhy<sup>3</sup> m`m`†K KviY `k©v†bvi  
†bvwUk †`qvmn KviY `k©v†bvi my†hvM †`qv n†e|

- hw` †Kvb k~b` c` m,,wó nq †m†¶††Î k~b`c` m,,ó K~v÷vi †\_†K  
mvaviY cwil†`i wm×všÍ μ†g Zv c~iY Kiv n†e|

### **aviv- 13**

#### **mvsMVwbK KvVv†gvt**

GB ms`vi Kvh©μg myPvi“if†c cwiPvjbvi Rb` 03wU (wZb) cwil` \_vK†e|  
h\_v t K) mvaviY cwil` L) Kvh©Kix/cwiPvjbv cwil` M) Dc†`óv cwil`|

**aviv- 14**

**Kvh©Kix/cwiPvjbv cwil†`i KvVv†gvt**

- mfvcwZ - 01 Rb|
- mn-mfvcwZ 01 Rb|
- mvavib mḡúv`K 01 Rb|
- hyMœ-mvavib mḡúv`K 01 Rb|
- †Kvlva`¶ - 01 Rb|
- cÖPvi I †hvMv†hvM mḡúv`K 01 Rb|
- mvs̄ <...wZK I cwi†ek mḡúv`K 01 Rb|
- bvix welqK mḡúv`K (bvix m`m`) 01 Rb|
- `βi mḡúv`K 01 Rb|
- Kvh© wbev©nx m`m` 04 Rb|

†gvU = 13 Rb|

**aviv- 15 wbe©vPbt**

**15.1 mvaviY KwgwUi m`m` wbe©vPbt**

Pvi (4) wU K→v÷†i mKj iw¶Z GjvKvq wba©vwiZ B†Kv MvBW I B†Kv K†UR gvwjK mvaviY cwil†`i m`m` wbe©vwPZ nB†eb|

**15.2 Kvh©Kix cwil†`i wbe©vPbt**

- mKj B†Kv MvBW ga` n†Z Kvh©Kwi cwil†`i Rb` 13 m`m` wewkó Kvh©Kix KwgwU wbe©vPb Ki†e|
- GKRB bvix m`m` mn †gvU m`m` n†eb 13 Rb| Aci 12 m`m`†i †fv†U bvix m`m` wbe©vwPZ n†eb|
- Kvh©Kix cwil†`i †gqv` DËxY© nevi 15 (c†bi) w`b c~†e© Aek`B wbe©vPb AbywôZ n†e| wbe©vPb †Mvcb e`vj†U ev evwl©K mvaviY mfvq nvZ DwV†q AbywôZ n†e| GB 15 w`b Dc†`óv KwgwUi 3 Rb m`m` GWnK KwgwU wn†m†e Kvh©Kix KwgwUi KvR cwiPvjbv Ki†eb Ges wbev©P†bi `vwq†Zi \_vK†eb|
- wbe©vwPZ m`m`iv Zv†`i ga` †\_†K mKj c` wbe©vPb Ki†eb| wbe©vwPZ mfvcwZ KwgwUi mfv,†jv cwiPvjbv Ki†eb| Zvi Abycw`wZ†Z mn-mfvcwZ H `vwqZi cvjb Ki†eb| mfvcwZ ev mn-mfvcwZi †h †Kvb GKRB Dcw`Z bv \_vK†j mfv AbywôZ n†e bv|

**15.3 Kvh©Kix KwgwU m`m`†i wbe©vPb cxwZt**

- †÷K†nvÛvi `j,†jv †\_†K mvaviY KwgwU m`m`/m`m`vMY Kvh©Kix KwgwUi m`m` wbe©vPb Ki†eb| mvaviY KwgwUi HK`g†Zi wfwË†Z MwVZ wZb m`m` wewkó wbe©vPb Kwgkb GB wbe©vPb

cÖwµqv cwiPvjbv Ki†eb| wbe©vwPZ m`m`MY †Kvbfv†eB eb  
wefvM ev mvaviY KwgwUi mv†\_ RwoZ \_vK†Z cvi†e bv|

### **aviv- 16**

#### **mvaviY KwgwUi `vq-`vwqZ;t**

evwl©K cÖwZ†e`†b Zv†`i mæcvw`Z Kg©KvÛ Ges djvdj mvaviY cwil`  
KwgwUi m`m`†`i mvg†b cÖKvk Ki†eb Ges cieZ©x eQ†ii cwiKíbvI  
Rvbv†eb| m†e©v`P ygZv mæúbæ cwil` evwl©K mvavib mfvq Dcw`Z  
†\_†K ms`vi msweavb ms†kvab, ms†hvRb, cwieZ©b, cwiea©b I cyb:  
cÖYqb, evwl©K ev†RU Aby†gv`b, evwl©K Avq-e`†qi wnmve Aby†gv`b,  
wbe©vPb mn mg`Í RwUj welq gxgvsmv Ki†eb| mfv eQ†i 4 evi AbywôZ  
n†e| Kvh©Kix KwgwU mfvi mg`Í Kv†Ri Rb` G cwil†`I wbKU `vqex  
\_vK†e| G KwgwU †h †Kvb mgq Kvh©Kix cwil†`i wbKU hveZxq wnmve  
wbKvk I Kvh©µ†gi AMÖMwZ †L†Z cvi†e hv Kvh©Kix cwil` cÖ`k©†b  
eva`\_vK†e|

### **aviv- 17**

#### **Kvh©Kix KwgwUi `vwqZ;t**

- m`m`MY MVbZ†š;I wbe©vPb msµvšÍ weavb Abyhvqx wbe©vwPZ|
- ms`vi ^bw>b Kvh©µg mn mKj Kvh©µg cwiPvjbv|
- ms`vi c~e©eZ©x gv†mi LiPvw` Aby†gv`b Ges gvwmK AMÖMwZ  
Av†jvPbv|
- 3 gv†m Kgc†y 1 evi G cwil†`i mfv AbywôZ n†e|
- ms`vi evwl©K ev†RU cÖYqb I Aby†gv`b Gi Rb` mvavib cwil†`i  
mfvq †ck|
- Kvh©Kvj 2 eQi, msL`v 13 Rb|

### **aviv- 18**

#### **Kvh©Kix/cwiPvjbv cwil†`i m`m`M†Yi `vwqZ; I KZ©e`t**

#### **mfvcwZi `vwqZ;t**

- mfvcwZ Kvh©Kix KwgwUi gvwmK mfv cwiPvjbv, k,,Ljv i¶v Ges  
†Kvb gZcv\_©K` †Lv w`†j Zv wbimb Ki†eb|
- m`m`†`i Kvi†Y wek,,Ljv †Lv w`†j mfvcwZ mfvi g~jZwe †NvIYv  
Ges cieZ©x ^eV†Ki `vb I ZvwiL wba©viY Ki†Z cvi†eb|

- KwgwUi  $\hat{e}V\ddot{K}$  mfvcwZ eQ $\ddot{i}$ ii  $\ddot{i}\ddot{a}\ddot{Z}$  KwgwU KZ $\odot$ ...K c $\ddot{O}YxZ$  Ges mvaviY cwil` KZ $\odot$ ...K Aby $\ddot{g}v\`Z$  Kg $\odot$ cwiK $\acute{i}bv$  ev $^-$ —evq $\ddot{b}$ i AM $\ddot{O}MwZ$  ch $\odot$ v $\ddot{j}vPbv$  Ki $\ddot{e}b$ |
- mfvcwZ c $\ddot{O}wZ$  Qq gvm A $\acute{s}i$  mvaviY cwil $\ddot{i}$   $\hat{e}V\ddot{K}$   $\ddot{c}\ddot{k}i$  D $\ddot{I}\ddot{k}$  wi $\ddot{c}vU\odot$  c $\ddot{O}Yq\ddot{b}$ i mvaviY m $\acute{u}v\`K$  Gi m $\ddot{1}/2$  mg $\acute{s}^q$  Ges eQi  $\ddot{k}\ddot{l}$  KwgwUi Dc $\ddot{`o}v$  KZ,, $\odot$ K wb $\ddot{`o}wkZ$  ms $^-$  'v/c $^awZ\hat{o}vb$  `;viv AwW $\ddot{U}$ i e $^-$ e $^-$ 'v Ki $\ddot{e}b$ |

**mvaviY mǝúv`Ḳi `vwqZi:**

- mvaviY mǝúv`Ḳ wba©vwiZ mgqm~wP Abyhvqx mvaviY cwil` mfvcwZ I Kvh©Kix KwgwU mfvcwZi mwnZ Av†jvPbv μ†g <sup>- ^ - ^</sup> KwgwU mfv Avnÿvb Kwi†eb I Kvh©Kix KwgwUi <sup>^</sup>eVK WvK†eb Ges mKj mfvi Kvh©weeiYx wjwce× Ki†eb|
- mvaviY mǝúv`Ḳ Kvh©Kix KwgwUi m†½ GK†hv†Mi KvR Ki†eb, evwl©K cwiKíbv cÖYqb Ki†eb Ges cwiKíbv ev<sup>-</sup> Íevq†bi mKj cÖKvi AvbyôvwbK mnvqZv cÖ`vb Ki†eb|

**mn-mfvcwZi `vwqZi:**

- mn-mfvcwZ Kvh©Kix KwgwUi <sup>^</sup>eVK cwiPvjbvq mfvcwZ†K mn†hvwMZv Ki†eb|
- mn-mfvcwZ, mfvcwZi Abycw<sup>-</sup> `wZ†Z mfvq Ges Ab`vb` Abyôv†b Zvi `vwqZi cvjb Ki†eb|
- mn-mfvcwZ wewfbœ mg†q mfvcwZ KZ©...K cÖ`Ë mywbw`©ó `vwqZi cvjb Ki†eb|

**†Kvlva`¶i `vwqZi:**

- †Kvlva`¶i AviI †h †Kvb `yBR†bi †hŠ<sup>-</sup> <sup>^</sup>v¶i e`vsK GKvD>U cwiPvjbv Ki†eb| h<sub>v</sub>h<sub>fv</sub>†e wnmve LvZv msi¶Y I AwW†Ui Rb` wnmve cÖ<sup>-</sup> `Z ivL†eb| GLv†b †Kvlva`¶i n†e cÖavb<sup>-</sup> <sup>^</sup>v¶i Kwwi|
- †Kvlva`¶i wewfbœ m~Î †<sub>†</sub>K cÖvß A\_© H w`b Ges me©†kl Gi ciw`b e`vs†K Rgv`vb wbwðZ Ki†eb|
- Kvh©Kix KwgwUi gvwmK mfv Ges mvaviY cwil†`i lvbÿvwmK Avw\_©K weeiYx cÖYq†bi welq wbwðZ Ki†eb|
- †Kvlva`¶i Kvh©Kix KwgwUi Aby†gv`b mv†c†¶i Ges mfvcwZ I mvaviY mǝúv`Ḳ Gi wb†`©kμ†g me©mvavi†Yi g†a` weZi†Yi `vwqZi cvjb Ki†eb|

**bvix welqK mǝúv`Ḳi `vwqZi:**

- mvavib mǝúv`ḲK mnvqZv cÖ`vb|
- bvix ch©UK†`i my†hvM myweav e,,w×, wbivcËv wbwðZ KiY Ges âg†Y DrmvwnZ Kivi D†I†k` KwgwU†K civgk© cÖ`vb|



### Kvh©Kix m`m`MYi `vwqZ; t

- Kvh©Kix cwil`i m`m`MY Zuviw ms`vi mKj cÖKvi mfvq Dcw`Z  
\_vK`eb| th `Kvb wel`qi c`¶ I wec`¶ cÖ`—ve ev mg\_©b Ki`Z  
cvi`eb| Kvh©Kix cwil` KZ...©K th `Kvb mgq th `Kvb `vwqZ;  
`Iqv n`j Zvvn cvjb Ki`Z eva` \_vK`eb|

### aviv- 19

#### Kvh©Kix/cwiPvjbv cwil`i weia`x Abv`v Avbqb t

mvaviY cwil` th `Kvb mgq m`u~Y© cwiPvjbv cwil`i weia`x wKsev  
cwiPvjbv cwil`i th `Kvb m`m`i weia`x h\_vh\_ Kvi`Yi `cÖw`Z Abv`v  
cÖ`Íve Avbqb Ki`Z cvi`e| mvaviY cwil`i `yB-Z...ZxqvsK m`m`i  
mg\_©b`g Abv`v cÖ`Íve M,,nxZ e`j MY` n`e|

### aviv- 20

#### Kvh©Kix KwgwUi `gqv` t

Kvh©Kix KwgwU `yB eQi `gqv`x n`e |

### aviv- 21

#### Kg©Pvix wb`qvM cxwZt

ms`vi Kvh©ug myôzfv`e cwiPvjbv Rb` Kg©Pvix wb`qv`Mi cÖ`qvRb  
n`j mvaviY cwil`i Aby`gv`b μ`g Kvh©Kix KwgwU wb`qvM `vb Ki`e|

### aviv- 22

mfv t ms`vi AbywôZe` mfv mvaviYZt 3 (wZb) cÖKvi n`e h\_vt K)  
mvaviY cwil` mfv L) Kvh©Kix cwil` mfv M) Riæix mfv |

### aviv- 23

#### `Kvivgt

- m`m`i`i `yB Z...Zxqvs`ki Dcw`wZ`Z `Kvivg n`e| Z`e mfvwZ /  
mn mfvwZ`K Aek`B Dcw`Z \_vK`Z n`e|
- mvaviY mfvq `Kvb cÖ`Íve D`vwcZ n`j Ges Gi Ici `Mvcb `fv`Ui  
`vwe bv DV`j m`m`iv nvZ Zy`j Zv`i mg\_©b Rvbv`eb| `fvUvfywU  
`vwe Kiv n`j `m`¶`Î c`PwjZ MbZv>ÎK cxwZ`Z Zv AbywôZ n`e  
Ges G `fv`Ui djvdj H mfvi wm×v>Z Ab~hvqx MY` n`e|
- `fvU hw` mgvb mgvb nq Ges mgm`vwU AgxgvswwZ \_v`K `m`¶`Î  
mfvcwZ GKwU wm×v>Z M`nYg~jK `fvU `eb|

**aviv- 24**

wnmve e'e'vcbv

- e'e'vcbv cwiKíbvq mǎú` Ges m~weav wewbgǫqi ga` w`ǫq ǫh Avq/myweav fvMvfvwMi cwiKíbv Kiv nǫe ms'v Zv ^"Qfvǫe cwiPvjbv Kiǫe| e'w<sup>3</sup>/ǫMvôx ev msMVb/wefvM Abymvǫi Zviv mswk-ó Z\_ /ǫiKW© Z`š— Ges mZ`Zv hvPvBǫqi Rb` ǫiǫL ǫ`ǫeb|
- ms'vi Avw\_©K ǫjbǫ`ǫbi ǫǫǫÎ -'vbxq evsjvǫ`ǫki ǫh ǫKvb Zdkxwj e'vsǫK ms'vi bvǫg GKwU wnmve LyǫǫZ nǫe| wnmevwU ms'vi ǫKvlva`ǫmn mfvcwZ Ges mvaviY mǎú`K Gi ǫh ǫKvb `yB Rǫbi ǫhš\_ ^vǫǫi cwiPvwjZ nǫe| GLvǫb ǫKvlva`ǫ nǫeb cÖavb ^vǫǫiKvix| Zǫe Zuviv ci@úi AvZǫxq nǫj Pǫǫe bv| ms'vi bvǫg M,,nxZ A\_© ǫKvb Ae'vǫZB nvǫZ ivLv hvǫe bv|
- KwgwU Avq-e'q Ges mKj cY` I ǫmev μq-weμq msμvš— welqvw`i h\_vh\_ wnmve LvZv msiǫY Kiǫe|
- Kv h©Kix KwgwUi Abyǫgv`b mvǫcǫǫy UvKv DǫĚvjb Kiv hvǫe|
- wnmve LvZv ms'vi Kv h©vjǫq ev m`m'ǫ'i cQ>mB Ab` -'vǫb msiǫY KiǫZ nǫe Ges G aiǫYi wnmve LvZv ev `wjvw` ms'vi ǫh ǫKvb m`m` Ges Kv h©Kix KwgwUi AbygwZ mvǫcǫǫǫ miKvǫii Ab` ǫh ǫKvb wefvM ev mswk-ó cÖwZôvǫbi e'w<sup>3</sup> weǫkǫli cwi k©ǫbi Rb` Dbǫy<sup>3</sup> \_vKǫe|
- wnmveiǫK cÖwZeQi mvaviY KwgwUi evwl©K mvaviY mfvq ǫcǫki Rb` wnmvǫei GKwU Avbyc~we©K eY©bv (ǫ÷Uǫg>U Ae GKvD>Um) ^Zwi Kiǫeb| GB eY©bvi mǫ½ cwiKwíZ I ev`ÍevwqZ Kg©KvŪ Ges Avmbœ eQǫii Rb` M,,nxZ cwiKíbv mǎúǫK© mfvwZi GKwU cÖwZǫe`b mshy<sup>3</sup> \_vKǫe|
- mvaviY cwilǫ'i evwl©K mvaviY mfvq Avw\_©K I e'e'vcbv Dfq welǫq AwWU Kivi Rb` mswkø DcǫRjv mgvR ǫmev Awdmvi KZ...©K A\_ev miKvi Abyǫgvw`Z GKwU AwWUKviK cÖwZôvb ev AwWU wUg wbǫqvM Kiǫe| wbǫqvMK...Z AwWUKviK cÖwZôvb ev wUg KwgwUi KvǫQ GK gvǫmi gǫa` Zvǫ'i AwWU wiǫcvU© ǫck Kiǫe| cÖǫqvRǫb mvavib cwilǫ'i ǫh ǫKvb m'ǫm'i cwi k©b I ch©vǫjvPbvi Rb` AwWU wiǫcvU© wbeŪb KZ...©cǫǫi wbKU mieivn KiǫZ nǫe| Dǫjǫy` ǫh AwWU KivBqv evrmwiK cÖwZǫe`b GK gvǫmi gǫa` wbewŪKib KZ...cǫǫi eiveǫi ǫcÖiY KiǫZ nǫe|

**aviv t 25**

ms'vi Avq I e'ǫqi LvZt

1. Avǫqi Drm:

- mvavib m`m` evrmwiK 50 UvKv|
  - Kvh©Kix m`m` evrmwiK 250 UvKv|
  - e`w³ I cÖwZôv†bi `vb/ Aby`vb|
2. KZ©,c†¶i AbygwZ mv†c†¶ B†Kv-Uz`wiRg Ges Ab`vb` cÖ`k©bx †\_†K cÖvß Av†qi GKwU Ask A\_©%obwZK †UKmB†Z;ï Rb` ms` `vi Znwe†ji Aax†b Rgv n†e hv KwgwUi ZĚ;veav†b \_vK†e Ges wbqg-bxwZ ev` Íevq†bi cÖ†qvR†b e`eüZ n†e|
  3. ` `vbxq ev Avš—R©vwZK mǎúÖ`vq Ges `vZv ev Ab`vb` Drm,†jv †\_†K Aby`vb MÖn†Yi †¶†Í Kvh©Kix KwgwUi KZ©...Z; \_vK†e, Znwej MÖn†Yi c~†e© miKv†ii wbKU †\_†K cÖ†qvRbxq AbygwZ ev wbeÜb Kiv n†e| G†¶†Í we†`kx mvnv†h`i †¶†Í d†ib †Wv†bkb fj>UvwiR †iRy†jkb Aa`v†`k 1978 eva`Zvg~jK AbymiY Kiv n†e|
  4. Znwe†ji e`†qi LvZ,†jv Kvh©Kix KwgwU KZ©...K wba©vwiZ n†e| we†kl D†`v†M wewea cªK†í Ggb ai†bi Lv†Z e`q n†e hv íay mvgvwRK DcKvixZvB bq A\_©%obwZK AvqI wbdžZ Ki†e|
  5. KZ©,c†¶i AbygwZ mv†c†¶¶ Kvh©Kix KwgwU Znwe†ji e,,w×K†í Ab`vb` Drm,†jv mǎǎve`Zv AbymÜvb Ki†e; †hgb- m`m` wd (wb†R†`i `iviv wba©vwiZ), weKwbK ` `vb fvov (iw¶Z GjvKvi Av†kcv†k wKš` wfZ†i bq), AvkÖq †K>`ª/†M÷ nvDR fvov, my`†fwbi †`vKvb,†jvi fvov, n` — wkí †`vKvb, †Nvovq Pov, nvwZi we†V Pov, euv†ki †fjvq Pov, B†Kv-Uz`i wb†`©kbv/MvBW Ges cv†K©i wbKU` e`w³ gvwjKvbxvbx †`vKvb,†jv †\_†K A\_© Av`vq| Z†e Rbmvasi†Yi wbKU †\_†K †Kvb cÖKvi AvgvbZ, mÂq MÖnY Kiv hv†e bv|
  6. mwPe Kvg wnmve i¶†Ki †eZb cÖ`v†b KwgwU Znwej e`envi Ki†e| mvaviY KwgwU Ges Kvh©Kix KwgwUi bv`Ív, †÷kbvwi `ªe`, IqvK©kc Ges †mwgbv†i Dcw`Z m`m`†i hvZvqvZ LiP BZ`vw` Lv†ZI cÖ†qvRb Abymv†i Znwej e`eüZ n†e| me©cwi ms` `vi DbœwZK†í Av`k© I D†Īk` †gvZv†eK mvaviY cwil†`i wm×všÍ µ†g A\_© e`q Kiv hv†e|

**aviv- 26**

**MVbZš; ms†kvab t**

ms` `vi msweav†bi †Kvb aviv-Dcaviv †Kvb KviYekZt ms†kvab, ms†hvRb, cwieZ©b, cybt cÖYqb, cwiea©b ev cwigvR©†bi cÖ†qvRb †`Lv w`†j ms†kvwaZ aviv-Dcaviv Gi cÖ`Ívevejx cÖ\_†g ms` `vi mvaviY cwil†`i wbKU †ck Ki†Z n†e| wbqg gvwK mvaviY cwil†` `yB-Z...Zxqvsk m`m`i †fv†U Aby†gv`†bi ci Bnv Pzovš ÍAby†gvb†bi Rb` wbeÜxKiY KZ...©c†¶i

wbKU `vwLj KiZ n| weÜxKiY KZ...©c¶i Øviv Abygv`bi ciB †Kej  
Bnv PzovšÍ e¶j MY` n|